

WANT TO BECOME A LIFEGUARD?

Saratoga County is offering Scholarships for FREE Lifeguard Training!

If you are at least 15 years of age and want to become a lifeguard, email Rebecca at the Saratoga County Department of Aging and Youth Services to sign up for the pre-requisite swim:
rrobarge@saratogacountyny.gov

A pre-requisite swim will be required prior to being accepted into one of the classes. Location: Saratoga Springs Branch YMCA
Address: 290 West Avenue, Saratoga Springs, NY 12866

Please email Rebecca to sign up for the following pre-requisite swim date:
Friday, January 20, 2023 4:30 pm

Dates for the water skills portion of the Lifeguard training:
Mon-Wed., February 20-22, 2023 or
Mon-Wed., April 10-12, 2023

**Additional online training is required prior to attending water skills.
These classes will provide Pool certification
Waterfront will be available later in the spring.

This opportunity has been made available to our community with funding provided by the New York State Office of Children and Family Services.

Saratoga County Lifeguard Training Class

Registration Form

Location: Saratoga Springs Branch YMCA
290 West Avenue, Saratoga Springs, NY 12866

Pre-requisite swim date: January 20, 2023 at 4:30 pm

***Upon completion of the pre-requisite swim you will be considered for a scholarship to join a scheduled class.**

****Additional online training is required prior to attending water skills.**
There will be a 10 person limit in each class

Name: _____ Date of Birth: _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Cell: _____

Emergency Contact Name & Phone Number: _____

Emergency Contact Name & Phone Number: _____

Parent/Guardian Signature (required if participant is under 18): _____

I am interested in offsetting transportation costs at \$.20/mile and live more than 5 miles from the YMCA

Interested in participating February break 2/20/23 - 2/22/23 Time TBD

Interested in participating April Break 4/10/23 - 4/12/23 Time TBD

These are American Red Cross Lifeguard Training classes. Upon completion of the course, the participant will receive certification in lifeguarding and professional CPR/AED.

Learn: CPR, First Aid, AED, and Water Rescue Skills

**IN ORDER TO RECEIVE THE CERTIFICATION,
ALL ONLINE AND IN PERSON CLASSES MUST BE ATTENDED**

For more information contact Rebecca Robarge, Youth Services Coordinator
Saratoga County Department of Aging & Youth services at
(518) 884-4101 or email: rrobarge@saratogacountyny.gov