



Town of Clifton Park to “Go Red for Women”

Effort to raise awareness for heart disease



About Heart Disease **From the American** **Heart Association**

- Cardiovascular disease claims the lives of nearly 460,000 American females each year, approximately one death per minute.
- In 2010, the direct and indirect cost of cardiovascular disease in the United States, including stroke, is estimated to be \$503.2 billion.
- Nearly as many women die of heart disease, stroke, and all other cardiovascular diseases than the next five leading causes of death combined, including all cancers.
- Go Red For Women® is the American Heart Association's national call to increase awareness about heart disease—the leading cause of death for women—and to inspire women to take charge of their heart health.

ABOVE: Town Supervisor Phil Barrett, right, and Deputy Supervisor Lynda Walowit, left, present Clifton Park resident Meredith Cohn with a resolution declaring Friday, Feb. 5 as “Wear Red Day” in the town of Clifton Park. Cohn is the Senior Director, Start! Heart Walk for the American Heart Association. The Town Board encourages all residents to support the American Heart Association’s efforts to raise awareness of heart disease, the No. 1 killer of women in the United States, by wearing a red item of clothing on Friday, Feb. 5. Dozens of Town Hall employees will participate by wearing red that day.

